

Youth Tennis San Diego

Junior Tennis News

George E. Barnes Family Junior Tennis Center

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Bryan Brothers at Barnes Center for Davis Cup Clinic

n January 27, the Barnes Center stadium court had some bigger than average kids hitting balls. In fact, the kids were bigger than life to many of the amazed eyes watching them. Mike and Bob Bryan were demonstrating the skills that made them the #1 doubles team in the world.

All regular programming at YTSD was put on hold and over 500 students came to participate in this special clinic featuring the Davis Cup doubles team. On court commentary educated and entertained our students with information that inspired everyone to work hard and to set their own personal goals.

Following the demonstration, students were invited to the courts. Special thanks to all the San Diego teaching pros who donated their time to make each child's experience special.

Every court, every ball, and every loaner racket at Barnes was in use. Each youngster left with a free t-shirt and prizes in their hands, but the look of excitement in their eyes was the real bonus.

Photo credit: Diane Schafer



Organization of the Year

Congratulations to YTSD and Barnes Tennis Center for receiving the Southern California Tennis Association (SCTA) Member Organization of the Year award. On Monday, February 10th, YTSD Executive Director, Kerry Blum accepted the award from the SCTA. The Annual Awards Banquet was held at the Straus Clubhouse at the Los Angeles Tennis Center—UCLA. Awards were presented to organizations, individuals, and community leaders who have helped make a difference in growing the game of tennis. We are very proud to have received such an award.





Barnes Tennis Center Red Clay Courts Are Now Open for Play

Thank you to the 2014 USTA Legacy Program. Our clay courts were upgraded with a portion of the proceeds from the Davis Cup, USA vs Great Britain, January 31–February 2.

Singles and doubles court time, private and semi-private lessons are all available.

Please contact the Barnes Tennis Center for reservations or more information (619) 221-9000.

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By Kerry Blum, Executive Director, YTSD

Lifelong Sport Promotes Healthy Lifestyle

The latest data

shows that 30%

of U.S. adults

20 years and

older are obese.

xperts agree that tennis is the best lifelong sport in the world, offering more health, social, developmental, and competitive opportunities than any other activity. Playing tennis on a regular basis can help maintain or improve balance, mobility, agility, strength and fitness. It also helps burn

calories. Research shows that three hours of moderate aerobic exercise every week can cut the risk of developing heart disease by 50 percent and reduces the risk of obesity.

Tennis players have long believed that tennis may be the perfect sport not only to help you live longer but also improve the quality of your life. The "Surgeon General's Report on Physical Activity and

Health" now shows support for this idea. The report stated that higher levels of physical activity, as in playing tennis, decrease the risk of heart disease and helps prevent or delay the development of high blood pressure. Other substantial benefits included reducing stress, anxiety, and depression. Physical activity also increases energy and makes weight control easier.

Tennis is a fun activity that can challenge your heart and fight obesity. More than 60% of adults and 50% of children are not getting enough physical activity and are obese. According to the National Center for Health Statistics there has been a 300% increase in the rate of children who are either over-

> weight or obese in the past 30 years. In the past 20 years obesity among adults has also risen significantly. The latest data shows that 30% of U.S. adults 20 years and older are obese.

> Promoting regular physical activity and healthy eating and creating an environment that supports these behaviors are things we can all do. You don't have to train like an Olympic athlete to enjoy the

benefits of a healthy lifestyle. Playing tennis on a regular basis and exercising at least 30 minutes per day are good for your health and good for your future. We should eat healthy foods like fresh fruits and vegetables every day and encourage our kids (and parents) to do the same.

Exercise, eat right, and play tennis!

Wondering Where to Have Your Next Event?

Did you know the Barnes Center offers a spacious setting for all occasions?

ur Banquet Room is 3,000 square feet with French doors opening to an outdoor patio, accommodating up to 140 guests!

We include 14 (72") round banquet tables that seat up to 10 people, 140 chairs, and up to four banquet tables for food, refreshments, or gifts!

The Barnes Center is the perfect location for clients who plan to arrange their own catering.



MEETINGS AND CONFERENCES

In addition, our room can accommodate 300 people with theater style seating or the room can be divided into several different configurations to suit your group's needs. (Additional seating required, and is the responsibility of the client.)

LOCATION AND PARKING

We are conveniently located at the gateway of Ocean Beach and Point Loma at the end of Highway 8 West and can accommodate nearly 200 vehicles. Please contact Calla Vastola at 619-221-9000 or cvastola@ytsd.org for more information.

Weddings, Retirements, Birthdays, Youth Meetings, Education Classes, Training Seminars, Workshops, Community Meetings, and more!!!!

2014 Junior Tennis Awards Banquet

On behalf of our junior players, their families, coaches and friends we invite you to attend this special evening. San Diego junior players will be recognized for their participation, efforts, and sportsmanship.

Sunday, May 18, 6-8 p.m.

Barnes Tennis Center - Banquet Room

Reserve by May 11:

\$15 Juniors, \$20 Adults

Cost after May 11:

\$17 Junior, \$22 Adult

Contact Calla at cvastola@ytsd.org or 619.221.9000 to reserve your spot today. Show your support; join us to celebrate these wonderful junior players. The Awards Banquet is brought to you by the YTSD Junior Player Council.

Tournament Director's Report By Anne Podney



Junior tournament players may be aware that Alec Horton has recently replaced Darren Potkey as Director of Junior Competition at the Southern California Tennis Association (SCTA). Alec has experience as a Club Owner and Manager, Head Teaching Pro and Academy Director, Assistant Coach for collegiate-level men's and women's tennis, Zone Team Coach and Maze Cup

Coach. Alec is also a USPTA Pro 1, a PTR Professional, an ITF Rating Assessor, and President of the California Community College Coaches Association. In other words, he has a wealth of experience in junior tennis! I recently spoke with Alec and was impressed by his genuine interest in our San Diego programs and his openness.

In May, the Barnes Center again hosts the Esmé Pearson Memorial Tournament. A change this year is the tournament's "Residency Requirement", which is as follows: "SCTA junior tournaments with national ranking points are open for entry to only USTA junior members domiciled in the Southern California section who are citizens of the United States, permanent resident aliens, diplomats, aliens with refugee status and aliens with Asylee status as defined in the current Friend at Court USTA Regulations (2014: Sec IX.A.2.ii. p. 172). SCTA junior tournaments with national ranking points are closed for entry to all other USTA junior members."

The tournament is named after a popular and dedicated referee, Esmé Pearson, and is sponsored by her family. Each year, Russ Pearson and his sons, Jason and Blake, attend and help present trophies. Their sponsorship is much appreciated and gives a very special personal note to the tournament. Right now, two of our Open tournaments lack sponsorship: the recently completed Harper Ink and the Thanksgiving Vacation Open. If you, your family, or business is interested in becoming a tournament sponsor, please contact me at barnescenter@yahoo.com.

Apparently, at a recent Los Angeles tournament, several players wore unsightly clothing. While obvious, players are no longer required to wear all white apparel, appropriate attire is expected. In this regard, the SCTA Junior Player Council has issued the following dress code for tournament play: "Girls: No sports bras or compression garments of any kind are to be worn alone. Midriffs must be covered when arms are at rest, and spandex shorts or capris must be covered by shorts or tennis skirt. Boys: No cut-off shirts or shorts. (Sleeveless shirts may be worn.) No references to drugs, violence, alcohol or foul language may be depicted on player attire." These seem reasonable to me, but remember, umpires can ask you to change clothing or even default you from a match if you disregard the above requirements!

Recently I read some comments by Frank Giampaolo about how parents can be helpful tennis parents. One of the things he wrote which struck me as important is the following: "One of the most important character traits of a champion is independent problem solving skills. If your child is 16 and you are still finding their shoes, packing their bag, carrying their water jug and racket bag to matches, you are developing a dependency. At 5-all in the third set, the independent problem solver is more likely going to find a way to win. The dependent child is going to be looking to you with tears in their eyes."

That's why, when parents come up to the desk to check in their child, I joke with them that they "look too old to be playing in the Boys 12s" and send them back to have their child check himself or herself in. Help your child behave maturely at tournaments now and it will carry over into their future athletic careers.



Simon Yundov & Gabriela Armas (finalists), Tasia Mochernak & Nikita Pereverzin, (winners), Mixed 16 Doubles



Emily Kuo (winner), Anne Podney, Madison Ross (finalist), Girls 18 Singles



Matthew Lanahan & Hannah Quirk (finalists), Winta & Siem Woldeab, (winners), Mixed 12 Doubles

New AST Sites, New AST Instructors

outh Tennis San Diego recently welcomed Coach Pia Garcia to the After School Tennis (AST) program. In just a few short months she has taken on four different sites. Pia's passion and love for the program and her students are transparent. She travels throughout San Diego County, from Poway to National City, bringing the joy of tennis to everyone she meets.

Pia says, "My favorite thing about coaching is to help my students develop their skills to succeed on and off the court—body awareness, mindfulness, and pure love for the sport are what we go over in my lessons. Seeing my students finally grasp these skills is more rewarding to me than anything. We develop a special relationship and they know I will always help them with anything they need. They have a way of bringing you back down to the simple pleasures of life and it is a true gift to see life though the eyes of a child and student. We work together to become the best that we can be. I have found a true passion and I am thankful every day. I feel truly honored to be a part of the Barnes tennis family



Newest After School Tennis Site—Lindbergh Schweitzer, instructor Pia Garcia

and look forward to the future and all of the endless possibilities we can accomplish together."

We thank Coach Pia Garcia, and all of our AST instructors for helping us with our mission of encouraging youth participation, personal integrity, leadership, and competitive spirit in a friendly environment that builds responsible citizens. Together we can reach all areas of the San Diego Community—bring tennis to those who may not have the opportunity otherwise, and share a love for a sport that can not only promote physical and social development, but can also bring so much joy.

For more information on the Program, please contact AST Coordinator Lindsey Vosburgh lvosburgh@ytsd.org or (619)221-9000 x104

After School Tennis Doubles Tournament

January 18, 2014 was a memorable Saturday morning for more than 50 After School Tennis (AST) juniors and their families. Youth Tennis San Diego hosted its annual AST Doubles Tournament, held at the Barnes Tennis Center, AST juniors throughout the county were invited to play in the free, non-elimination, round robin doubles tournament. Juniors arriving without a partner were given one on the spot—a few even had the opportunity to partner with a high school volunteer. Matches were played, points were scored, and fun was had by all! Trophies were awarded to all first and second place teams. Thank you to all coaches, volunteers and juniors who helped make the day a huge success.

World Team Tennis High School Festival a Blast for High School Kids

he Barnes Center welcomed teams from all around San Diego County on January 25 to participate in a fun World Team Tennis (WTT) format competition, a structure that is suited perfectly for High School kids.

The CIF/WTT Winter League is the first coed tennis program of its kind for high school tennis players, and is conducted by the area's High School coaches. With cheering and active coaching encouraged, the kids really had a ball!

We're excited to continue with this wonderful WTT High School tennis tradition at the Barnes Tennis Center!



Participants in the 2014 World Team Tennis High School Festival from Coronado High School, Patrick Henry High School, Cathedral Catholic High School, Point Loma High School, University City High School, San Pasqual High School, and Valhalla High School.

High School Tennis in Full Swing at the Barnes Tennis Center

The CIF First Serve Boy's High School Team Tournament is a wonderful tradition at the Barnes Tennis Center.

Youth Tennis San Diego is always delighted to team up with the CIF and the SCTA to host the annual Spring Boy's High School First Serve event, held on March 8: a perfect pre-season event designed to bring teams together in preparation for the upcoming Boys' High School season.

Coaches used this team-building event to identify team leaders, great doubles pairings and possible dark-horses on their team. The players love to spend the day with their new teammates and get tuned-up for upcoming dual-matches. All in all, it was a great event for everyone.

Congratulations to all Champions and Finalists!



Alpha Division Champions La Jolla Country Day

Front row: Ryan Watkins, Matthew Coufal, Charlie Sybert Back row: Coach Jose Ruelas, Julian Fricks, Andre Pineda, Stephen Ferruolo, Ethan Krant, Randall Kras, David Shaw, Brandon Camp, Brian Mak



Beta Division Champions Mount Miguel High School

Front row: Cris Protestante, Moises Espinoza, Favian Pliego, Alexis Pliego, Brandon Skinner

Back row: Kim Quezon, Russell Edralin, Abdi Mohamed, Ray San Jose, Ben Lomibao, Jacob Cleaver, Hanney Tobago and Coach Grant Martin. Not pictured: Erick Johnson and Alejandro Valdez

Thank You to the Hervey Family

YTSD would like to recognize the Hervey Family Non-endowment Fund at The San Diego Foundation. Thank you for your generous grant and ongoing support of Youth Tennis SanDiego and the Barnes Tennis Center.

Great 2014 Summer Camps Offering Early Bird Registration Discounts



From Novice "Rising Stars" to Advanced and Elite players, the Barnes Tennis Center Summer Camps provide worldclass competitive tennis camp opportunities and fun entrylevel camps for kids of all ages.

Get a jump on your summer camp registrations to access some great discount pricing.

Before May 1: Half-day Camp Price \$179.00

Full-day Camp Price \$279.00

Regular pricing: Half-day \$225.00

Full-day \$325.00

For more information, please contact Tom O'Brien at tobrien@ytsd.org or visit our website at www.barnestennis center.com and click on programs to register!

Annual Giving Campaign

The Time is Now—to Serve the Future

This campaign is the foundation of Youth Tennis San Diego's annual fundraising activities and allows us to promote the educational, physical, and social development of all youth through organized tennis and educational activities.

Our community programs encourage youth participation, personal integrity, leadership, and competitive spirit in a friendly environment that builds responsible citizens.

Thanks to many supportive friends like you, thousands and thousands of children will use the lessons learned on a tennis court to achieve a better tomorrow.

Consider Youth Tennis San Diego's Annual Giving Campaign as part of your charitable contributions this year. Impact your community. Your Annual Giving donation will support After School Tennis, College Scholarships, Financial Assistance, Camp Registration, Equipment, and General Operating Support. Please send donations to: YTSD, Attn: Annual Giving, 4490 W. Point Loma Boulevard, San Diego, CA 92107.

Thank You 2014 Donors

The Enberg Family
The R. Watson Family
The Darr Family
The Brown Family
J. Zesbaugh

The Willette Family
The McDowell Family
The Chang Family
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The Molden Family

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Larry and Liz Blum Dr. Mona Mofid Gloria Meyer

Tournament Results

SCTA Novice Jamboree Masters, January 26, 2014

Boys 10/8	Champion Ethan McNaughton	Finalist Colin Hoggatt
Boys 12	Champion Aseem Joshi	Finalist Blake Han
Boys 14	Champion John Sperrazzo	Finalist Kyle Copley
Boys 18/16	Champion Jake Hettinger	Finalist Sam Hodges
Girls 10/8	Champion Makenna Barrett	Finalist Asha Gidwani
Girls 12	Champion Natalie Duffy	Finalist Symphony Waltereze
Girls 14	Champion Kelsey Lajom	Finalist Kallysta Lopez
Girls 18/16	Champion Ayanna Mehta	Finalist Kendall Leander

Owenita and John Sanderlin Memorial Jr. Novice Tournament, January 19, 2014

Girls 10s	Champion Eisley Nestman	Finalist Ella Blancafort-Corona
Girls 12s	Champion Thelma Supulveda	Finalist Nicole Manzo Hernandez
Girls 14s	Champion Carla Hansen	Finalist Eva Newsom
Girls 16s	Champion Nayelli Juarez	Finalist Emily Kanetis
Boys 10s	Champion Joel Rodriguez	Finalist Connor Clairborne
Boys 12s	Champion Blake Munson	Finalist Daniel Petroff
Boys 14s	Champion Spencer Waldron	Finalist Humberto de la Rocha Lopez
Boys 16s	Champion Derek Higgins	Finalist Nolan Benjamin



Sanderlin Novice Boys 14s Champion Spencer Waldron with Finalist Humberto de la Rocha Lopez.



Sanderlin Girls 14s Champion Carla Hansen with Finalist Eva Newsom.



Sanderlin Novice Boys 10s Champion Joel Rodriguez with Finalist Connor Clairborne.

2014 Spring JTT at the Barnes Tennis Center

Spring has sprung a bunch of wonderful Junior Team Tennis teams, with action most Sunday afternoons through May. Come on out and cheer on your favorite squad!

10 and under Novice: Barnes Orange Crush with Coach Lynn Norton

10 and under Intermediate: Barnes Everlasting Lobstoppers with Coach Lexi Provancha

10 and under Advanced: Barnes Barnezees with Coach Sofia Donlevy

12 and under Novice: Barnes Bandits with Coach Tom Maxfield

12 and under Satellite: Barnes Barnacles with Coach Casey McMakin

14 and under Novice: Barnes Blasters with Coach Jake Worseldine

14 and under Intermediate: Barnes Barracudas with Coach Matt Mims

14 and under Satellite: Barnes Bashers with Coach Jason Wood

18 and under Intermediate: Barnes Defenders with Coach Matt Mims

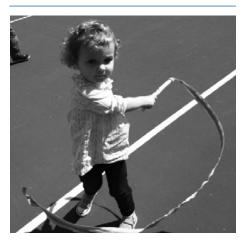
Junior Aces



Thank You from Jr. Aces!

A special "thank you" goes out to Mona Mofid, the American Board of Dermatology, and the American Melanoma Foundation for their wonderful donation to the Barnes Tennis Center.

Mona orchestrated a donation of Sunscreen and Sun Protection Zone Booney-Hat's to all our preschool age children in the Junior Aces program and for all the Barnes Tennis Center Instructors. Together we work to combat the sun's harmful rays.



Come Grow with our Junior Aces Program!

The Junior Aces program is thriving and growing! We are so proud of our three and four year olds who, through our innovative on-court activities, (using rackets and other fun equipment) are developing their gross motor skills and learning basic tennis skills such as forehand, backhand and how to tennis shuffle. Anyone with interest in this program for the fall should contact Megan Crim (mcrim@ytsd.org).

The Barnes Tennis Center to Host the 2014 SCTA JTT Sectional Championships

une 7 and 8 will be a wonderful weekend at the Barnes Tennis Center as we play host to the Spring Junior Team Tennis Season Sectionals championships. "Sectionals" is the season ending championships for Junior Team Tennis. Teams that win their area championships are invited to participate.

With teams of enthusiastic juniors, coaches and parents coming from all around Southern California, this will be a wonderful opportunity for more and more kids to experience our wonderful facility. "It is a fantastic experience for the kids that get to play, as well as the coaches and parents" says Ken Grassell, SCTA JTT Coordinator and Event

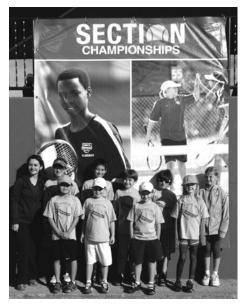
Director, "and the Barnes Center is the perfect facility for this kind of junior tennis event!"

Please come out to experience JTT Sectionals on June 7 and 8 at the Barnes Tennis Center!

Fall 2013 Section Championships participants, The Barnes 10's Intermediate "Everlasting Lobstoppers" at the Indian Wells Tennis Garden last fall.

LEFT TO RIGHT, FRONT ROW: Rio Ishikawa, Rex Harrison, Eddie Hastings, Tatum Buffington

LEFT TO RIGHT, BACK ROW: coach Sofia Donlevy, Isabella Gelastopoulos, Zegna Picano, Adrian Cousin, Ryan Schwillinski, Arden Samuels.





Louise Brough Clapp 1923-2014

Louise Brough Clapp, whose powerful serve-and-volley game propelled her to 35 championships in Grand Slam tournaments of the 40's and

50's, and made her one of the most brilliant doubles players in the women's game, died on February 3 in Vista, CA. She was 90.

She won six singles titles, including four at Wimbledon, as well as 21 doubles championships and eight mixed doubles titles in Grand Slam events tying her at No. 5 on the overall career list for both women and men.

Louise was well known for her twist serve—which had topspin and an enormously high bounce. Bud Collins paid tribute to her prowess in doubles and stated that she was "one of the great 'volleyers' in history." In 1967 she was inducted into the International Tennis Hall of Fame.

After her Grand Slam career, Louise and her husband, Dr. Alan Clapp, moved to Vista. She continued to play in Senior tournaments winning the US hard court 40's doubles twice in the 1970's. She was a very interesting woman with strong opinions about the tennis game and players of today.

Louise was a friend to all the kids of Youth Tennis San Diego. She supported many programs at the Barnes Tennis Center and was very generous with Wimbledon ticket donations for our Gala events.

USTA Junior Team Tennis San Diego Division Coach of the Year

San Diego, Calif. (January 9, 2014) San Diego's Junior Team Tennis organization is thriving, with players as well as great coaches. In 2013, San Diego had more than 1000 players participating in the spring and fall combined, while having over 20 tennis sites and clubs.

Each Sunday, the coaches lead their players against each other in 8 game pro-sets or best two out of three set matches. Conan Lorenzo, San Diego Team Tennis Coordinator, stated, "All the coaches are wonderful in this league and it takes a professional and enthusiastic person to get the kids going and competing each weekend."



Congratulations Eric Parker of Escondido, and Sofia Donlevy from the Barnes Tennis Center JTT.

This year the Coaches of San Diego Team

Tennis voted two coaches as the Coach of the Year. Sofia Donlevy and Eric Parker are the 2014 recipients.

Their organization and constant communication to coaches, players and parents were amazing. It is what makes team tennis here in San Diego so great and provides everyone the assurance tennis is well organized in the community. Both coaches have done a tremendous job.

Eric has shown his love for the game by creating an easy-going atmosphere while coaching his kids and providing teams to play in Escondido. He has tremendous patience and is willing to work with coaches and parents in an amazing way, which makes things so much smoother on and off the courts.

Sofia does a great job coordinating 10 teams at the Barnes Tennis Center all in one season. Her communication is spot on. She also shows her love for the game in helping with the coordination of the Novice Team Tennis Party here in San Diego.



Youth Tennis San Diego **Barnes Tennis Center** 4490 West Point Loma Boulevard San Diego, CA 92107

E-mail address: info@ytsd.org

Website: www.barnestenniscenter.com

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Our Mission:

Youth Tennis San Diego is a non-profit organization whose purpose is to promote the educational, physical and social development of all youth through organized tennis and educational activities.

Calendar of Events

April

4-6 Dr. Sheposh Memorial Satellite 9 College Scholarship Seminar 11-13, 19-20 Maureen Connolly Memorial Open

20 Easter Sunday

26 Barnes Cup

May

3 Sixth Annual Barnes Bash

3 AST Field Day

10-11, 24-25 Esmé Pearson Memorial Open

18 Junior Awards Banquet

24-25 YTSD Spring Novice

26 Memorial Day

30-June 1 Father-Daughter-Mother-Son Nationals

June

7 Barnes Cup

13-15 Little Mo Sectionals

15 Happy Father's Day

16 Summer Camp Starts

22 Barnes Cup

27-29 YTSD Summer Satellite 30-July 4 Wilbur Folsom Open

July

4 Happy Independence Day! 5-6 YTSD Summer Novice 18-21 Angel Lopez Satellite 28-31 World TeamTennis 31-August 10 Girls' 16s and 18s National Championships



Southern California Tennis Association Community Service Award

Congratulations go to our very own Programs Manager, Tom O'Brien, recipient of the SCTA Community Service Award.

At the SCTA Annual meeting, Tom was recognized for all of his great work with programming, committee work, growing the game, and the more than 25 years of service to tennis in the San Diego community.

It's wonderful having Tom be a part of our family at Barnes and we applaud him for his achievement.

Congratulations Tom!

